

# What's next



Dragon Professional

## Working faster and smarter makes for a healthier me

Finding work/life balance is a quest we all want to conquer. Fortunately, with powerful new tools at our disposal, it's easier to get more done in less time; something that will benefit everyone in your life.

**Mark Geremia**

Posted November 13, 2018



Ask any parent of young children and the one thing that many of them want more of is, time. More time with their kids. Time to sit and relax with their significant other. Even time to catch up on the guilty pleasure of must-see TV.

Figuring out the answer to what makes for good work/life balance is a quest that many of us, with kids or otherwise, often try to conquer. And, when you happen to find that perfect mix, it makes for a healthier life. It also makes for a happier, more productive you. A win-win for both you and your boss.

In today's hyper-connected world, where we're always expected to be "on" and responsive at all times, that balance can sometimes be difficult to achieve.

I recently had a conversation with a friend of mine. They were bemoaning the fact that they had to stay in the office late to finish up a report, and my first thought was, "you're doing it wrong!" I say this with confidence because I work within an organization that is powered by wonderful technology; technology that is designed with one thing in mind – that by enabling people with smarter tools, we make things easier – and better, not only for individuals but for the organizations they work with and the people those organizations serve.

With today's [powerful voice-powered solutions](#), as just one example, work can basically get done anytime, anywhere. There's no longer a need to sit behind a desk 8-hours a day completing work. Documents, reports, or any type of paperwork can be created, edited and shared on a device we all carry with us – our smartphones. And because of powerful cloud-sharing apps, information can be sent to colleagues – with real-time collaboration, at a moment's notice.

I freely admit that access to all this intelligent technology doesn't mean I never burn the midnight oil, but it certainly gives me back precious time, making for a happier, healthier me – and more importantly, a better life with my wife and kids.

**Tags:** [Dragon speech recognition](#)

## More Information



### **Work faster and smarter**

Create documents quickly and accurately by voice—in the office or on-the-road—and spend less time on paperwork.

[Learn more](#)



## About Mark Geremia

Mark Geremia is Vice President and General Manager for Dragon Professional and Consumer and oversees the product and marketing strategy for Nuance's Dragon speech recognition and documentation workflow portfolio. Mark has held various leadership roles within the Dragon business over the last decade, and with his team continues to expand Dragon's reach across enterprise, legal and law enforcement markets, transforming productivity and documentation accuracy for professional individuals and large organizations. Prior to joining Nuance in 2005, Mark held key marketing management positions at both large and small technology companies. He holds a Bachelor of Science Degree in Business Management from Bentley College.

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